

# Nail Bed Blends

Over the years I have been asked how I create my nail bed colour, as it is a custom blend for me, it is difficult to pin point a specific recipe, however if you use the following as a base, you can add or remove colours depending on how light, pink or even peach you want to make it.

I have perfected this recipe to suit my application, and using a combination of different powders allows me the versatility to work with my acrylic. The only thing you need to remember is that you are achieving an opaque cover. You will need to supplement your transparent pinks with something that has a white base. Don't be afraid to mix your collections, ultimately you will need only a small amount of this pink when you use it on your nail bed extension, it won't be used to create structure and strength to the nails. I use this custom blend to extend my short nail beds, it is great on my clients who have that impossible habit of nail biting, and someone with bruising or discoloured nail beds.

Along with a pink blend I have added an additional peachy blend recipe. This was inspired by a blend from Antony Buckley, and I use this when I want to tone down the nail bed, or use yellows, gold's and warm shades. I have added a small amount of fine glitter, this is optional.

I have used a cover pink available from Ez Flow nail systems for the base of this blend. You can however use a standard pink and add more pansy and white to it.

Step 1—add 1/2 teaspoon of cover pink to your container.

Step 2—1/4 teaspoon of pansy, this is available from Ez Flow's pastel collection, it is a rich pink with a white opaque base.

Step 3—1/4 teaspoon of white powder. You can adjust these measurement according to the colour of the nail bed your making this for, I personally have very pink beds. To add a warmer, peachy tinge to your nail beds, you could add some wall flower from the pastel collection, a pale orange, alternatively a pale lilac for a cooler shade.

Step 4—mix well.

As I mentioned before to make a peachy nail bed, ideal when your using a warmer pallet on the free edge, then you could try the following recipe.

Step 1 -Follow steps 1 and 2, then in stead of adding the white as in step 3, add gold. This gold is from Ez flows earth stones collection, it is a pale rich gold.

Step 2—to get a deeper peach colour you have the option of adding wall flower, this will make it darker and more orange, so be careful how much you add.

Step 3—for a little shimmer, add 1/4 teaspoon of glitter powder, make sure yu mix the colours well before you use.

